

WELBECK ROAD HEALTH CENTRE



Newsletter



Glapwell Dispensary - Opening Hours

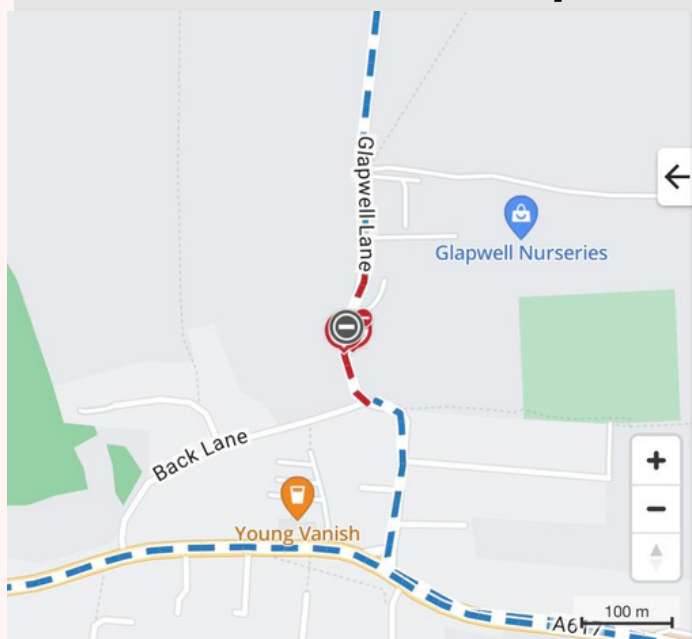
From the week commencing the 3rd April 2023, the Dispensary at our branch site, Glapwell (**not** including Reception), will be opening: **Monday, Tuesday and Thursday 8:30am until 17:30pm**. Wednesday and Friday will remain the same (8:30am until 13:30pm).



The opening hours of our main site (Welbeck Road) remain the same.



Glapwell Road Closure



Glapwell Lane, next to Glapwell Nurseries will be **closed from the 3rd of April to the 26th of May (this has been extended)**

- You can divert through Scarcliffe or via Rylah Hill to get to and from Glapwell.

This may affect patients travelling to either of our Practices.



Bowel Cancer Campaign

In a new '**Help Us, Help You**' campaign that is the first of its kind nationally, NHS England is encouraging people who have been sent an NHS bowel cancer screening kit to complete the test.

- Bowel cancer is the fourth most common cancer in the UK, and detecting it at the earliest stage makes you up to nine times more likely to be successfully treated. But, almost one third of people who were sent an NHS bowel cancer screening test in England last year did not go on to complete it. Just a tiny sample detects signs of cancer before you notice anything wrong. The test is simple to complete and can be done in the privacy of your own bathroom.

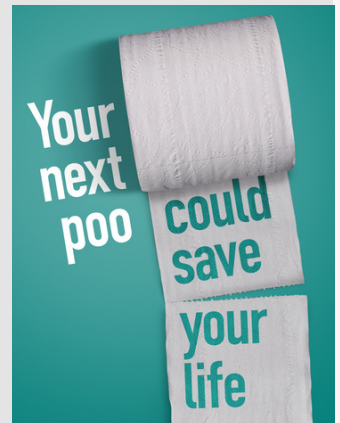
Anyone aged 60 to 74, who lives in England and is registered with a GP practice will be sent a test in the post automatically, every two years.

NHS England is also extending this to include all 50 to 59 year-olds by 2025.

So, the NHS is asking anyone who is sent a bowel cancer screening test to remember to complete it. Put it by the loo.

Don't put it off. Your next poo could save your life.

Visit - <https://www.nhs.uk/conditions/bowel-cancer-screening/> for more information



Travelling Abroad?

Looking for some sun and want to get away on a last minute holiday? Make sure you know the vaccination requirements (if any) for the area you're travelling to. Our nursing team offer a full travel advice and immunisation service. If you are travelling abroad and require immunisations to travel, please contact the surgery 6-8 weeks before your journey. Vaccines need time to take effect and some may require a course over several weeks. For information about which vaccinations you may require or generic travel health advice, visit our Travel Health & Advice page of our website.



Spring Booster Campaign

The Joint Committee on Vaccination and Immunisation (JCVI) have advised that a spring booster should be offered to:

- everyone aged 75+
- residents in care homes for older adults
- immunosuppressed people aged 5+

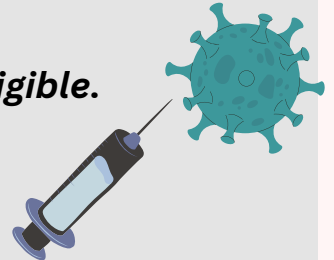
Vaccination Clinics will commence at the Practice from the **end of April** onwards.

If you are housebound and eligible, we will be in contact soon.

The JCVI have recommended to vaccinate using Pfizer and Sanofi for the Spring Booster.

***Please wait for the surgery to contact you if you are eligible.
We have started to send invites out now via text message.***

For more details please visit www.gov.uk



Weight Management & Wellness Course

New Wellness Course for anyone registered with Welbeck Road Health Centre, Castle Street Medical Centre, Friendly Family Surgery, Shires Healthcare, Creswell & Langwith Medical Centre, Craggs Healthcare (Creswell & Whitwell), and Emmett Carr Surgery (Renishaw & Eckington)

- 6 week **free** course held by North Hardwick & Bolsover Social Prescribers
- 1 hour sessions
- Interactive small group sessions
- Includes FREE Wellness Course Booklet

Sign up now by emailing your details (**full name, DOB & registered GP Surgery**) to:
ddicb.socialprescribingnhbpcn@nhs.net

